DOES LAUNDRY WORK AND **HOUSEWORK TOO**

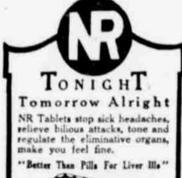
Surprised to Find Herself Feeling So Well

Taunton, Mass. - "I used to have pains in my back and legs so badly, with other full to the transfer troubles that women THUI WALLETTE sometimes have, that my doctor ordered me to stay in bed a week in every month. It didn't do me much

good, so one day after talking with a friend who took Lydia E. Pinkham's Vegetable Compound for about the same troubles I had, I thought

I find that I can work in the laundry all through the time and do my housework. Last month I was so surprised at myself to be up and around and feeling so good while before I used to feel comly lifeless. I have told some of the girls who work with me and have such troubles to try Lydia E. Pinkham's Vegetable Compound, and I tell them how it has helped me. You can use my testi-monial for the good of others. — Mrs. BLANCHE SILVIA, 59 Grant St., Taunton,

It's the same story-one friend telling another of the value of Lydia E. Pinkham's Vegetable Compound.





Laxatives Replaced

By the Use of Nujol

Nujel is a lubricant-not a medicine or laxative - so cannot gripe.

When you are constipated, there is not enough lubricant produced by your system to keep the food waste oft. Doctors prescribe Nutol because its action is so chose to this natural lubricant. Try it today.





SLOW DEATH

Aches, pains, nervousness, difficulty in jurinating, often mean serious disorders. The world's standard remedy for kidney, liver,



bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. All druggists, in three sizes. Look for the same Gold Medal on every bes

Cuticura Soap The Velvet Touch For the Skin Soap 25c, Ointment 25 and 50c, Talcum 25c.





creature not too bright or good For human nature's daily food, For transient sorrows, simple wiles, Praise blame, love, kisses, trars and

-Wordsworth

WINTER PRESERVES



made in winter a glass or two at a time, from fruits which are inexpensive at this sem solt.

Apple Butter With Raisins.

Pure and silce six and wash and seed one half pented of fine raishts; chep them. add one-quarter of a pound of putmeans, chopped not too fine. Mix all the lugredients and place over the fire with just enough water to keep | 1880, in 1980 and in 1910, thus making from burning and cook showly for threequarters of an hour, then add one sound of brown sugar and cook until tick. Put into phoses and week

Spiced Prune Marmalade, Take one pound of prones, sonk and sommer for an hour in the water in which they tere sonked over night. Remove the pits and cut the prince late small doces. Return to the heat with the liquid. Add-one cupful of vinegar, one and one-half conduits of sugar and onehalf tenspectiful each of cinnamon and loves. Summer until thick. This is a delicions accompaniment to reast

Polychrome Conserve.-Take one bull pound each of dried prunes, evaporated penaltes and apricots; sonk and simmer until very tender, then put through a sieve. Grate the peel from an orange, add the juice and onehalf pound of seeded raisins, onequarter of a cupful of nutments and one and one-quarter pounds of sugar. Chop or cut fine the nutments and simmer altegether until rich and thick. The mixture may be cooked for tenminutes before adding the sugar; onless it is carefully watched it will surn easily after the sugar is added

Harleguin Marmalade. Take one nedium sized pineapple, three oranges. one and one-balf place of water, four cupfuls of sugar, three tablespoonfuls of Manched almonds. Wash the oranges and cut not small pieces, removing the weeds; let stand with the wafer overnight, cook until tender, then add the phoenspie; simmer for twenty minutes, add the sugar and rook for half an hour, adding the note ten minutes before it has cooked the required time. A few cherries added make a very charming color.

Does the way seem far to go." Longest lane to turn is tending, Roughest road repays your merding. Darkest path has brightest ending: Sing a fet as you are wending.

EVERYDAY GOOD THINGS

Those who find the collings baked



these: Baked Lima cupful of dried lims beans in water over night by the morning drain and cover

with boiling wa ter and when cool repeat the process once more. Slip off the skins and place the beam in a baking dish, wilding sait, pepper, and cover with scalding milk. Cover the dish and bake lowly for two hours. When the milk s all absorbed, remove the cover and dor with birs of butter and leave uncovered until a delicate brown. Serve in the baking dish.

Fig Marmalade, - After washing one pound of pulled figs, soak them overnight, then cut fine and put over the fire, with the water in which they were soaked; cook until very tender. adding the rind of a lemon and two ounces of candled or preserved ginger, then stir in the lemon juice from one lemon, and two cupfuls of sugar; simmer again until thick. Pour into small glasses.

Prune Souffle,-Put two cupfuls of prunes cooked and stoned through a colander. Beat the whites of three eggs to a stiff froth, add four tablespoonfuls of sugar and the prunes. Pour into a well-greased pudding dish and set in a dish of hot water in a moderate oven. Bake until the pudding sets. Serve sprinkled with chopped nuts.

Oysters With Rice,-Line buttered ramekins with bolled sensoned rice; cook a pint of oysters until their edges curl, chop rather coarsely, senson with salt and pepper and moisten with the oyster liquor. Brush with melted butter and set in a hot oven to brown.

Raisin Drop Cakes,-Take threefourths of a cupful of butter, one cupful of sugar, one egg, one teaspoonful of soda, one-half cupful of hot coffee, three cupfuls of flour, three tenspoonfuls of baking powder, a little salt, one teaspoonful of vanilla, one cupful of citron, raisins and walnuts mixed. Prepare as usual and drop by spoonfuls on buttered sheet. Bake in a moderate oven.

Cottage Pineapple Salad. - Take equal parts of cottage cheese and drained shredded pineapple. Add cream to the cheese to season, as well as salt, and a bit of sugar, if needed. Mold into balls and pile on lettuce. Garnish with red cherries.

Necei Maxwell

Rural Classes Longest Lived

Census Bureau Also Finds between 1901 and 1910. The expecta-Women at All Ages Have Better Chance for Life.

GIRLS HAVE BEST CHANCE

Examination of Mortality Tables Indicates Decided Improvement in Infant Mortality Rates-Expectation is increased.

Washington, D. C.- The Department of Commerce, through the bureau of census, announces that the second official publication on lifetables derived from births, deaths and populations. is soon to be issued. These tubles show conditions as they existed in it possible to study the changes which have taken place in meriality during two decades.

It is shown that mortality at practiamong women. In particular, it appears that the most favorable mortality in this country is found among women living in the rural dis-The rural classes, regardless of sex, enjoy a much lower mortality for nearly the entire range of life than those living in the cities. While the expectation of life, both among men and women, in most classes has steadily increased there is no indication of any definite lengthening of the span of life.

In other words, white simost all classes of persons are living to an elder average age, the limiting age of forman life does not seem to have ad-

Girl Babies Have Best Chance.

In 1991 the expectation of life among white girl bubles at birth was about three years more than among white males, and in 1910 the excess of Children of 2,000 Years Ago Could in favor of the girls had increased to almost three and a half years. There seems to have been a general improvement for all classes for the ages up to about age forty for men and age fifty for women except for the negro population. Above these ages no imrement is shown, and in some cases. the merrality or the older uges in ticle was actually less tavorable than H was in 1901.

An examination of the infant mortality tables indicates a decided three little girls and a small boy. improvement in the infant mertality rate in most classes of the population fired of the Pharnons, thinking, no

tion of life of children born in 1910 also shows a considerable improvement over the expectation of life of children born in 1890 and 1901 and practically all classes of the popula-The infant mortality in the ural districts was considerably lower

an that in the urban districts, both n 1901 and 1910, but the difference in favor of the rural districts was not as great in 1910 as it was in 1901. militating that the efforts to improve infant mortality conditions in the ities are undoubtedly meeting suc-

Life tables are also given by sex for Germany, Holland, India, Italy, Japan, in they may be used to compare rates for I any other country or with those in there is still much room for improve the United States.

Low Mortality in Norway.

cally all ages is higher among men shows that, except for France, India this country and in fereign countries and Japan, the rates of mortality are included in this publication.

Questioning and a second of the second of th Saved Employer From Suicide: Given Raise

Although John T. Lyons, a grocer, of Waterbury, Conn., recently decided he had enough of life nevertheless he was so grateful to his clerk, Raymond Simonson, for frustrating his suicide attempt that he gave the cierk a big increase in salary and made him his store manager. Lyons hangest himself from a beam in the rear of his store and was almost dead when Simonson cut his body down with a butcher knife.

decressorsessessessessessessessessesses

among men and women are less favorable in this country than in the foreign countries mentioned. For example, the lowest annual rate of mor-Australia, Denmark, England France, tality a thousand at birth is found Norway to be about \$1 for Norway, Sweden and Switzerland, males and 67 for females, while a stmoor class in this of mortality and expectations of life country it is about 127 for males and any age in one country with those 105 for females. This indicates that

ment in this country. The most important mortality tables A comparison with these countries used by life insurance companies in

Old Greek Toys Are Like Today's

Modern Children Find Dolls 2,000 Years Old Very Much Like Their Own.

HAD TOPS AND MARBLES ALSO

Come to Life They Could Play in Complete Understanding With Children Today.

London -- Do yes; know London's Z. OXI year-old toy shop? Go through the terra cetta room in the British masents and ask the kind, futborty tooking attendant to point it out to sen. It nies right to the heart. Here the most termina little compety was played for

They come wandering in, rather

doubt, more about enting than an

Futher, too, limited bured. His general knowledge evidently had given Suddenly they saw something which spoke to them down 29 centuries; they saw dolls and little horses and carts, tiny bronze chairs for a doll's house, little animals which might have been saved from last year's Noah's ark, tops, marbles and wnister touch-a slate with a 2,000-year-old multiplication table scrutched on it.

Ancient Greek Toys.

All these once belonged to Greek children in Athens, in Corinta, in Knidos. Naucrutis, Carematon.

"Oh, how perfectly wweet!" cricil one of the girls, as the four fair heads were bent over the case. "I my dist, remarked the boy, "that looks like a fine top."

Dad apparently quite unconscious. that the far-off succent world had suddenly become alive and pulpitaling. soletanly read out the museum lubels;

"That," for said, "is a doll found in a child's tomb in Athena 2,000 years

girls. "And do look, duridy, at those dear little shows that come on and off! Ful stropely love it

Shadow Children There.

The girls went into ruptures over a doll to a red peaked rup. it just imagination, or was there really a crowd of children there? Who were those others a little shy, perhaps slightly annoyed? Just shadows, on

One thing is certain. If the children of 2000 years ago had suddenly come to life these four little Londoners discoberting him? could have sat down and piezed with them in complete understanding.

A full-grown Greek neight have slain dad at sight, but a six year-old Cortathing would have met his children as friends and contemporaries on all matters of dolf welfare.

BOYS BUY MARKS IN PARIS

French People of All Classes Invest Their Money in German Money.

Paris. The fever which has prompted French people of all classes to invest their france in German marks led a twelve-year-old boy to a large Paris bunk, where he asked for "a franc's worth of German money."

"Perhaps, though," said the child, "it would be better if I bought Hungarian money. I read in the paper this norning that marks had gone up, but has lots of corn and I think her money

The clerk told the child to invest his franc in candy. .

Neighbors of the anxious farmer duce some of the finest timber and communicated with the Delaware paper pulp in the world," said M. county commissioners and obtained sia before many years will emerge Radoloff. "We are prepared to give permission to open the bridge, with responsible Americans concessions in the proviso that Dr. Elmer use it at

The farmers laid planks upon the stork arrived

I Eat, Sleep, Work and Feel Better Than in Twenty Years --- I Owe This Entirely to

TANLAC

It has made a new man out of me. This experience, related by E. C. Bayne, contractor, of 124 South Honore St., Chicago, may be your experience also if

you take Tanlac, the world's most famous system builder. Feel fine, as nature intends you to feel. Get Tanlac today. At all good druggists.

Kidney and Bladder Sufferers-Unbroken Rest all Night.



HINKLECTOR (APSULES



Hie Birthright.

Proud Father He's a fine baby. Inhertra his looks from m line Wife-I've level thinking of that myself. Can't you see a lawyer about

Important to Mothers Examine carefully every bottle of

for infants and children, and see that it Bears the Cart Hitchis In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Making Sure.

"Druggist, can you sell me some alcohol to rub a burse with?" "Til sak the has clerk.

ASPIRIN INTRODUCED BY "BAYER" IN 1900 Look for Name "Bayer" on the Tab-

lets, Then You Need

Never Worry. If you want the true, world-famous Aspirin, as prescribed by physicians for over twenty-one years, you must

ask for "Bayer Tablets of Aspirin." The name "Bayer" is stamped on each tablet and appears on each package for your protection against imitations.-Advertisement

In buying poultry in the market remember that the good always die



W. M. U., ST. LOUIS, NO. 8-1922.

Prisons of St. Mark Will House Beauty



The historical Carceri di San Marco, or Prisons of St. Mark, in Venice, are to be used as prisons no more. No more will the ancient and beautiful Bridge of Sighs be the passage way to the dungeons, where even in this century men. Hungarian money hadn't, but Hungary have been confined. The building is to be converted into an art and concert half and the calls are now undergoing a thorough cleaning. And the Bridge of will go up soon, don't you?" Sighs, shown in the photograph, will be the passageway to life, light, beauty,

INVITE UNITED STATES CAPITAL

Bulgaria Wants Americans to tunities for enterprising Americans Build Shipyards at Varna.

Believes Russia Before Many Years Will Emerge From Present State of Disorganization and Will Need Ships.

Varna, Bulgaria,-The Bulgarian government invites Americans to come to Bulgaria to build shipyards, grain elevators and harbor improvements at Varna on the Black sea, and to estabpoints.

The government believes that Rusfrom her present state of disorganization, and that she will require many

Alexander Radoloff, Bulgarian min-

ister of the interior, told the corre-

existed in the canning, sugar, fishing, forest and mining industries. He said huge profits awalted Americans who might establish canning factories for the enormous quantities of fish that swarmed the Black sea, the Danube tables in which the country was so desired to greet the bird, the only rich. There was not a single canning road that was not blockaded by snow industry in the state, he declared.

"We have enormous forest areas where it will be necessary only to closed to traffic two weeks ago. lish industrial enterprises at other build narrow-gauge railways to prothese regions. We feel the United his own risk. ships which could be conveniently States knows us better than any other spondent one of the greatest oppor- natural resource-

REPAIR BRIDGE TO AID STORK

Neighbors Lay Planks and Officers Open It for Dector to Reach Patient.

Philadelphia, Pa.-When Dr. Robert T. Elmer of Wayne the other night received a telephone call from a farmer living back of Newton square, inand other rivers, and for the packing forming him that the stork was hoverof compressed beef, fruits and vege ing around and that the physician was was one leading over a bridge, across Darby creek, that was condemned and

foreign power. That's the reason we structure and the doctor drove his want its business men, capitalists and car carefully over it and hurried to engineers to help us develop our his patient, to be there when the